



FAME kids



FAMEkids Individual Support

Toronto | Etobicoke | Scarborough | North York | Rexdale | Mississauga | Brampton | Orangeville

FAMEkids™ individual service provides confidential, client-led supportive counselling to children ages 7-12. Designed to build upon pre-existing knowledge and skills, children are assisted in gaining accurate knowledge about mental illness, asking questions, reducing misconceptions, identifying and expressing feelings, exploring healthy coping strategies, and developing personal support networks.

Length of support: Individual support can be provided throughout the Greater Toronto Area on short-term (3 sessions), intermittent, or an on-going basis depending on individual needs.

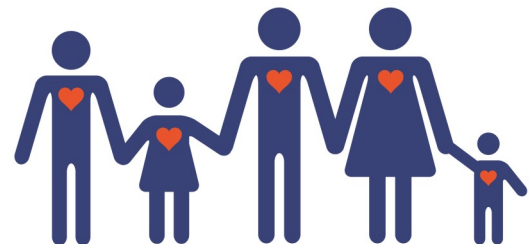
FAMEkids™ helps children to:



- Identify and express feelings in a safe environment.
- Explore healthy coping strategies.
- Gain accurate knowledge about mental illness.
- Develop personal support networks.
- Promote resilience & develop an operational action plan.

**For more information, please contact a
FAMEkids Staff Member:**

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FAMILY ASSOCIATION FOR MENTAL HEALTH EVERYWHERE

fameforfamilies.com